



**Iron Mill College**

Education & Training in Mental Health & Wellbeing

Established 1981



## **CPD Workshops & Events 2019-20** **Exeter, Poole & Whitstable**

Enhance your personal and professional life with a range of interesting and innovative workshops and presentations at Iron Mill College in Exeter, Poole and Whitstable.









At Iron Mill College, we offer opportunities for those in the field of mental health and wellbeing to engage in further study, develop skills and expand their knowledge, through workshops and events.

*If you're a counsellor, psychotherapist or other practitioner in a helping profession, who wants to gain more specialist knowledge through focused training, our workshops could be just what you're looking for.*

For further information and to book  
Call **01392 219200** or Email **enquiries@ironmill.co.uk**

**[www.ironmill.co.uk](http://www.ironmill.co.uk)**



Event Name/ Tutor	Free CPD	Event Type	Date	Location
<b>Supervision Workshop: Developing the Supervisory Alliance</b> Alison Huxtable & Tracey Gibson		1 Day CPD Workshop	<b>Fri 28/02/20</b>	<b>Exeter</b>
<b>Bereavement and Loss Workshops</b> Alison Huxtable		1 Day CPD Workshops	<b>Fri 20/03/20</b> The Therapeutic Relationship <b>Mon 20/04/20</b> Models of grief and the grieving process <b>Mon 11/05/20</b> Sudden & Traumatic Loss <b>Mon 18/05/20</b> Acquired Loss	<b>Exeter</b>
<b>C is for Canine - Animal Assisted Therapy</b> Sarah London		1 Day CPD Workshop	<b>Sun 22/03/20</b> <b>Mon 23/03/20</b>	<b>Exeter</b> <b>Exeter</b>
<b>'Black Mirror': the influence of technology and social media on the therapeutic relationship</b> Max Dalda Müller	-	<b>FREE Public Lecture</b>	<b>Thurs 16/04/20</b>	<b>Exeter</b>
<b>Treating Anxiety &amp; Depression in Young People</b> Penny Utton		2 Day CPD Workshop	<b>Sat + Sun 18-19/04/20</b>	<b>Poole</b>
<b>Existential Therapy Workshop</b> Mick Cooper		1 Day CPD Workshop	<b>Sat 25/04/20</b>	<b>Exeter</b>
<b>TA101: Official Intro to Transactional Analysis</b> Briony Nicholls / Karen Minikin		2 Day CPD Workshop	<b>Sat + Sun 16-17/05/20</b> <b>Sat + Sun 20-21/06/20</b>	<b>Exeter</b> <b>Poole</b>
<b>Supervision Workshop: Creativity in Supervision</b> Alison Huxtable & Tracey Gibson		1 Day CPD Workshop	<b>Fri 15/05/20</b>	<b>Exeter</b>
<b>Professional Certificate in CBT</b> Penny Utton	-	6 Day CPD Workshop, over 3 weekends	<b>Starts: Sat + Sun 30-31/05/20</b>	<b>Exeter</b>
<b>How To Establish a Successful Private Practice</b> John Paradise		1 Day CPD Workshop	<b>Fri 12/06/20</b>	<b>Exeter</b>
<b>Counselling, Psychotherapy, Ethics and the Law</b> Peter Jenkins	-	1 Day CPD Workshop	<b>Sat 27/06/20</b>	<b>Exeter</b>
<b>Working with Shame</b> Sue Parker Hall	<b>New Date Added</b>	1 Day CPD Workshop	<b>Fri 17/07/20</b>	<b>Exeter</b>
<b>Anger, Rage and Relationship</b> Sue Parker Hall	-	2 Day CPD Workshop	<b>Sat + Sun 18-19/07/20</b>	<b>Exeter</b>