



Iron Mill College

Education & Training in Mental Health & Wellbeing

Established 1981

'Promoting Mental Health & Emotional Wellbeing in Young People: We are hearing but are we really listening?'

**Iron Mill Conference
- Poole, Spring 2018**

Saturday 7th April



Speakers: Dame Esther Rantzen DBE & Dr Andrew Reeves

- **An invaluable 1 day conference:** For anyone committed to the mental health and wellbeing of young people, held at the picturesque **Canford School** (Wimborne, Dorset, BH21 3AD).
- **Insightful sessions:** Keynote speeches from **Dr Andrew Reeves** (Chair of the BACP) & **Dame Esther Rantzen** (founder of Childline). Contributions also from **Karen Huckvale** (Co-Director of Insider Art), **Maddie Burton** (co-author of 'Children's Mental Health and Emotional Well-being in Primary Schools') & from 2 leading UK charities: **Young Minds & Education Support Partnership**.
- **Fantastic networking:** Meet a range of interdisciplinary professionals such as counsellors, therapists, teachers, pastoral care & mental health practitioners, youth workers & more. Includes a 2 course lunch and refreshments provided, as well as a certificate for 8 hours of CPD for attendees.

Early Bird deadline extended! Book before 1st January 2018 & save on fees*

* Concessionary rates also available for Iron Mill College students / graduates, approved supervisors and placement provider managers.

To find out more or to book your place:
01202 743804 / enquiries@ironmill.co.uk

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Iron Mill Conference Programme - Saturday 7th April 2018

Time	Item
9.15am - 9.45am:	Arrival and Registration
9.45am - 10.00am:	Welcome and Opening Address - Marilyn McGowan, Iron Mill College Development Coordinator (Poole)
10.00am - 10.55am:	Keynote Speaker - Dame Esther Rantzen DBE (Founder of Childline): 'Our Children: A personal perspective'
11.00am - 11.55am:	Keynote Speaker - Dr Andrew Reeves (BACP): 'Young People and Counselling: Hearing and helping in an anxious world'
11.55am - 12.20pm:	Break
12.20pm - 1.10pm	Keynote Speaker - Mary Hinton (Young Minds): 'Ordinary Magic': Young people's views of what helps and the role of resilience'
1.10pm - 2.10pm	2 Course Lunch (Provided)
2.10pm - 3.00pm:	Keynote Speaker - Karen Huckvale (Insider Art): 'Patterns Matter: An art therapy approach to developing resilience'
3.00pm - 4.00pm:	Choice of Workshop / Seminar (booked in advance):
	Maddie Burton (University of Worcester): 'Child and Adolescent Mental Health, why, where, how? We have a job to do...'
	Mary Hinton (Young Minds): 'A Looked After Child's experience through a resilience lens – a case study'
	Karen Huckvale (Insider Art): 'Patterns Matter: An art therapy approach to developing resilience - experiential workshop'
	John Buckley (Education Support Partnership): 'Smart Resilience: Increase your own wellbeing to support school effectiveness'
4.00pm - 4.30pm	Break
4.30pm - 5.20pm:	Keynote Speaker - Julian Stanley (Education Support Partnership): 'The Oxygen Mask Approach: The importance of considering staff wellbeing'
5.20pm - 5.30pm:	Closing Address - Marilyn McGowan

- **To learn more:** See our conference web page (www.ironmill.co.uk/conference) for details on lectures, workshops / seminars, guest speakers / workshop leads, fees and much more
- **To book:** Pay online (www.ironmill.co.uk/conference), by card over the phone (01202 743804), by electronic bank transfer or by cheque (get in touch for details).

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